

# Smartphones & Social Media

## Workshop

How can I provide guidance and support for my child on using social media?



A workshop for parents who want to *learn* and *understand* more about how Social Media works and to gain some coping skills on how to best support their child.

**Discussion of skills and strategies on how to use mobiles 'smart' and 'wisely'.**



**Monday, 13<sup>th</sup> November  
at 6pm**

**Venue:** Scott Psychological Centre, 360 Orchard Road, International Building, #10-10

**Duration:** 90mins

**Fees:** SGD75



**Ms. Irena Constantin**  
Occupational & Educational Psychologist

**& Linda Rinn**

For more information & to sign up E-mail us at [workshop@scottpsychologicalservices.com](mailto:workshop@scottpsychologicalservices.com)

**Open to all parents, teachers and professionals!**